



Jan. 7th- 20th MERRIMACK VALLEY YMCA POOL SCHEDULES 2018

FOR YOUTH DEVELOPMENT ®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

*Our pool schedule changes regularly, please
make sure you check the dates at the top!*

*****Updated**

Andover Family Pool Schedule

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday*	Friday	Saturday
Lap Swim ages 13+(Lanes)	6:00a-11:30a (3) 11:30a-12:15p (1) 12:15p-7:45p (3)	6:00a-3:30p (3) 3:30p-4:30p (1) 5:20p-9:45p (2)	6:00a-3:30p (3) 3:30p-4:30p (1) 6:15p-9:30p (3)	6:00a-4:15p (3) 6:15p-9:45p (3)	6:00a-3:30p (3) 5:20p-9:30p (3)	6:00a-3:30p (3) 3:30p-6:00p (1) 6:00p-8:45p (3)	7:30a-9:00a (3) 1:00p-7:45p (3)
Splash Pad	10:30a-1:00p 2:00p-7:00p	11:10a-3:30p 5:20p-7:45p	11:30a-3:30p 5:50p-7:55p	12:30p-4:15p 6:00p-7:55p	1:00p-3:30p 5:50p-7:55p	10:30a-3:30p 5:20p-8:45p	2:00p-7:00p
Open Swim (shallow area)	6:00a-1:00p 2:00p-7:45p	6:00a-9:45a 11:10a-3:30p 5:20p-9:45p	6:00a-3:30p 5:50p-9:30p	6:00a-9:00a 12:00p-4:15p 6:15p-9:45p	6:00a-9:00a 12:00p-3:40p 5:50p-9:30p	6:00a-3:30p 5:20p-8:45p	7:30a-9:30a 2:00p-7:45p

*Hot Tub & Steam Room close at 12p on Thursday for scheduled cleaning and maintenance. Should re-open by 6pm

Andover Lap Pool Schedule

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Lap Swim (# of Lanes available)	6:00a-2:00p (6) *1:00p-2:00 (3) during a rental* 6:00p-7:45p (2)	5:00a-9:00a (6) 9:00a-10:00a (2) 10:00a-1:30p (6) 1:30p-3:00p (1) 8:00p-9:00p (1) 9:00p-9:45p (6)	5:00a-9:00a (6) 9:00a-10:30a (2) 10:30a-12:30p (6) 12:30p-1:30p (3) 1:30p-3:00p (1) 8:00p-9:45p (6)	5:00a-9:00a (6) 9:00a-10:30a (2) 10:30a-12:30p (6) 12:30p-1:30p (3) 1:30p-3:00p (1) 8:00p-9:00p (1) 9:00p-9:45p (6)	5:00a-9:00a (6) 9:00a-10:30a (2) 10:30a-12:30p (6) 12:30p-1:30p (3) 1:30p-3:00p (1) 8:00p-9:00p (1)	5:00a-9:00a (6) 9:00a-10:30a (2) 10:30a-3:00p (6) 8:00p-9:45p (1)	5:00a-9:00a (6) 9:00a-9:45a (2) 9:45a-1:30p (6) 1:30p-3:00p (1) 8:00p-8:45p (6)	6:00a-8:00a (6) 10:00a-11:00a (6) 11:00a-12p (4) 12:00p-1:00p (6) 5:00p-7:45p (6)

Andover Teaching Pool Schedule

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Swim		12:00p-1:00p	11:30a-12:30p	11:30a-12:30p	12:00p-1:00p	11:30a-12:30p	
Open Swim	9:00a-2:00p <i>(2:00p-3:00p rental)</i> 3:00p-6:00p	10:45a-12:00p 1:00p-1:30p	7:30a-8:15a 11:00a-11:30a 12:30p-1:30p	9:45a-11:30a 12:30p-1:30p 8:00p-9:00p	7:30a-8:15a 9:45a-12:00p 8:00p-9:00p	7:30a-8:15a 12:30a-1:00p 5:00p-8:00p	1:00p-6:00p

Pool Rules	Type of Swim
<ol style="list-style-type: none"> 1. The Y wants you to have a safe swim experience. Rules will be enforced in accordance with our safety standards. 2. A full Cleansing shower must be taken by all swimmers. 3. Band-Aids should be removed before entering any pool. No open sores in the pool. 4. No Cell Phones allowed in pool area or Spa. No pictures or video. 5. Horseplay is not permitted. 6. Families with children should use the appropriate locker rooms. We have a family locker room, boys, girls and locker rooms for adults only. 7. Shoulder length hair or longer should be pulled up to swim. Swim caps should be worn. 8. Children 7 and under must have an adult in the water within arms reach. Supervision of children from the hot tub is not permitted. 9. The lifeguard reserves the right to swim test any swimmer. Those unable to pass a swim test must have an adult in the water. 10. All children in a floatation device must be accompanied by an adult in the water within arms reach. 11. Hot tub and Steam room are for those ages 18 or older. 12. Children 7 and under must have an adult on the splash pad with them, children 8 and older must have an adult in the family pool area. If the lifeguard observes unsafe activity, parents may be required to stay on the splash pad with a child aged 8 or older. 13. The lifeguard is the sole authority in the pool area. The lifeguard will enforce all pool rules in order to ensure the safety of all swimmers. 14. Management reserves the right to close a pool if it is deemed unsafe at any time. 15. Lifeguards will be subjected to unannounced safety drills, this is to ensure the safety of our swimmers and allow us to practice our rescues. We appreciate your patience during this time, it may cause some interruptions to your swim. 	<p>Lap Swim: (13 years or older) Lanes are divided by swimmers' abilities and speed. Number of lanes available is indicated on pool schedules. Please be aware of other swimmers in your lane. See Lifeguard to find a lane. Please split lanes with 2 swimmers or circle swim with 3+ swimmers</p> <p>Open Swim: Available to all swimmers and all ages.</p> <p>Senior Swim: (ages 55+) Held in the Teaching pool. Leisure swimming for Seniors</p> <p>Length: The Lap Pool and the Family Pool lap lanes are 25 yards long.</p> <p>Note: The pool schedules are subject to change at any time.</p>

